Pascoe

Natural Healthcare since 1895

Join **Dr. Alexandra Sisam, ND,**
as she talks about:

A Natural Way to Health

December 2, 2019 - Burlington, Ontario

Seminar: A Natural Way to Health

Join Dr. Alexandra Sisam, ND, and other professionals in this informative seminar that will go over the benefits of natural and alternative medicine, and how to treat your patients with a variety of health concerns. There are many factors that play a role, and Dr. Sisam will speak about the many different areas where you can help - lymphatic drainage, digestive support, immune strengthening and mental health.

Event Details

Holiday Inn
BURLINGTON HOTEL & CONFERENCE CENTRE

Monday, December 2, 2019

6:00 pm - 9:00 pm

Holiday Inn Burlington

3063 South Service Road

Burlington, Ontario

L7N 3E9

(905) 639-4443

About the Speaker

Dr. Alexandra Sisam, ND

Dr. Alexandra Sisam is a licensed Naturopathic Doctor. During her time in Naturopathic Medical School, Dr. Sisam took a particular interest in working with patients with mental health concerns including anxiety, eating disorders and depression. She also completed a year-long internship working with patients with chronic disease and fibromyalgia. She is passionate about helping patients as they navigate through their own health and wellness, no matter the concern.

Dr. Sisam uses a mind/body approach to medicine, focusing on supporting the patient, both emotionally and physically through the use of mind/body counselling, homeopathy, nutrition, botanicals and physical medicine. She works to gain an understanding and awareness of each patient's personal experience, both physically and emotionally. She has also completed additional training in energetic healing, including Reiki. Dr. Sisam works to support the mind, body and spirit in order to provide the most comprehensive and compassionate care. She is constantly learning about the inter-connectedness of these parts of the human body and using them to help treat both physical and emotional conditions.