

TO: Hamilton District Pharmacists Association Members

FROM: Carminé Nieuwstraten, Director of Pharmacy

DATE: November 27, 2017

RE: Discharge Prescription from St. Joseph's Healthcare Hamilton

Dear Colleagues,

On December 2, 2017, St. Joseph's Healthcare Hamilton will be launching our new Electronic Health Record. As a result of this implementation, the appearance of our discharge prescription will be changing. Attached is a sample of the new discharge prescription using a test patient. Please note that this prescription is not a complete list of all medications the patient is taking, but rather, includes those that require a prescription at the time of discharge.

Patients will also receive an After Visit Summary when they are discharged from the hospital. This document includes information related to medication changes (new, changed, discontinued, unchanged medications) that occurred within the hospital, and the patient may choose to share this summary with you. Please note that the After Visit Summary is not a prescription. A sample of the After Visit Summary using a test patient is also attached, for your information.

This new communication method assists in providing a more comprehensive picture to the patient at the point of discharge from St. Joseph's Healthcare Hamilton. We welcome your feedback on our new Discharge Prescription. Feedback may be sent to Trupti Kulkarni (tkulkarn@stjoes.ca).

Sample Discharge Prescription

St. Joseph's
Healthcare  Hamilton

St. Joseph's Charlton Clinical Teaching Unit
West
50 Charlton Avenue East
Hamilton ON L8N 4A6
Phone: 905-522-1155

Name: **Elgayoi, One**
01/01/1960 HCN:
No address on file

Date: 21 Sep 2017 11:44 AM

She is allergic to bandages (adhesive); carbamez; cipro i.v. in 5% dextrose; moxifloxacin in nacl (iso-osm); pollen (environmental); pork derived (porcine); pork/porcine containing products; stemetil; sulfa (sulfonamide antibiotics); and lorazepam.

fentanyl (DURAGESIC) 12 mcg/hr

Sig: **Place 1 patch on the skin Every third day.**
Qty: ****10 (Ten) patch****
Refill: ****0 (Zero)****

Order ID: 1094989

Start: 21 Sep 2017

Indications:

Notes to Pharmacy: **Dispense 5 patches every 15 days**

hydrocortisone (CORTATE) 1% cream

Sig: **Apply topically Twice a day.**
Qty: ****30 (Thirty) g****
Refill: ****0 (Zero)****

Order ID: 1094990

Start: 21 Sep 2017

Indications:

ipratropium (ATROVENT) 20 mcg/actuation HFA aerosol Inhaler

Sig: **Inhale 2 puffs Every four hours.**
Qty: ****1 (One) Inhaler****
Refill: ****0 (Zero)****

Order ID: 1094991

Start: 21 Sep 2017

Indications:

ipratropium (ATROVENT) 20 mcg/actuation HFA aerosol Inhaler

Sig: **Inhale 2 puffs Every four hours if needed (sob).**
Qty: ****1 (One) Inhaler****
Refill: ****0 (Zero)****

Order ID: 1094992

Start: 21 Sep 2017

Indications:

Signature: _____

Ext/Pager: _____

Authorizing Provider: _____ MD

CPSO: _____

Any orders written below the provider signature are not valid

Charlton Campus
50 Charlton Ave., East
Hamilton, ON, Canada L8N 4A6
Tel: 905.522.1155

King Campus
2757 King Street East
Hamilton, ON, Canada L8G 3E4
Tel: 905.522.1155

West 5th Campus
800 West 5th Street
Hamilton, ON, Canada L8N 2K7
Tel: 905.522.1155

Member, St. Joseph's Health System
Teaching Campus of the Faculty of Health Sciences, McMaster University
www.stjoes.ca

Sample After Visit Summary (3 pages)

AFTER VISIT SUMMARY

Mickey Mouse MRN: J0104205425 | 11/10/2017 - 16/10/2017 | St. Joseph's Charlton Clinical Teaching Unit West

Instructions

- Your medications have changed**
- **START** taking:
 - citalopram 10 mg tablet (CelexA)
 - citalopram 20 mg tablet (CelexA)
 - citalopram 240 mg 24 hr capsule (CARDIZEM CD)
 - docusate sodium 100 mg capsule (COLEACE)
 - warfarin 1 mg tablet (COUMADIN)
 - ◆ **CHANGE** how you take:
 - insulin detemir 100 unit/ml insulin pen (LEVEMIR FLEXTOUCH)
 - metoprolol 100 mg tablet (LOPRESOR)
 - prednisone 5 mg tablet (DELTAZONE)
 - **STOP** taking:
 - acetylsalicylic acid 81 mg chewable tablet (ASAPHEN)
- Review your updated medication list below.

Activity Instructions
When you go home, it is important to be active every day. You can return to your usual daily activities gradually as tolerated.

Diet Instructions
Follow a heart healthy diet.
Avoid salty and fatty foods.
- Stay away from fast-food restaurants.
- Limit the amount of caffeine you drink (found in coffee, tea, sodas, and many other beverages.)

What's next

OCT 31 **Follow Up 30 Mins with GOYERT, STEFANIE**
Tuesday 31 Oct 2017 10:10 AM







Mood Disorders Clinic
West 5th Campus, St. Joseph's Healthcare
Hamilton
Level One, Block C, 100 West 5th Street
Hamilton ON L9C 0E3
905-522-1155 x35419

Additional Information
Follow-up with your family doctor in the next week.



Your Next Steps

- Do
 - Pick up 6 medications from any pharmacy with your printed prescription.
- Go
 - Follow Up 30 Mins 10:10 AM**
 - OCT 31
 - GOYERT, STEFANIE
 - Mood Disorders Clinic
 - West 5th Campus, St. Joseph's Healthcare Hamilton
 - Level One, Block C, 100 West 5th Street
 - Hamilton ON L9C 0E3
 - 905-522-1155 x35419

Medication List

		Morning	Afternoon	Evening	Bedtime	As Needed
 START	* citalopram 10 mg tablet Commonly known as: CETOXA Take 1 tablet (10 mg total) by mouth Once a day for 3 doses.	✓				
 START	* citalopram 20 mg tablet Commonly known as: CETOXA Take 1 tablet (20 mg total) by mouth Once a day	✓				
 START	diltiazem 240 mg 24 hr capsule Commonly known as: CARIZEM CD Take 1 capsule (240 mg total) by mouth Once a day.	✓				
 START	docusate sodium 100 mg capsule Commonly known as: COLACE Take 1 capsule (100 mg total) by mouth Twice a day.				✓	
	esomeprazole 40 mg DR capsule Take 40 mg by mouth Once a day before breakfast. Do not open capsule.	✓				
 CHANGE	insulin detemir 100 units/ml insulin pen Commonly known as: LEVEMIR FLEXTOUCH Inject under the skin At bedtime. Inject 10 units subcut qam and 12 units subcut pm What changed: Another medication with the same name was removed. Continue taking this medication, and follow the directions you see here.	✓			✓	
	levothyroxine 50 mcg tablet Commonly known as: SYNTHROID Take 1 tablet (50 mcg total) by mouth Once a day.	✓				
 CHANGE	metoprolol 100 mg tablet Commonly known as: LOPRESOR Take 1 tablet (100 mg total) by mouth Twice a day. What changed: • medication strength • how much to take	✓			✓	

Medication List (continued)

	Morning	Afternoon	Evening	Bedtime	As Needed
 prednisONE 5 mg tablet Commonly known as: DELIASONE Take 3 tablets (15 mg total) by mouth Once a day with breakfast for 14 doses. What changed: • medication strength • how much to take • when to take this	✓				
vitamin E 400 unit capsule Take 400 Units by mouth Once a day. Notes to patient: Patient can determine when to take					
 warfarin 1 mg tablet Commonly known as: COUMADIN Take 6 tablets (6 mg total) by mouth Once a day. Take as directed per After Visit Summary.				✓	

* This list has 2 medication(s) that are the same as other medications prescribed for you. Read the directions carefully and ask your doctor or other care provider to review them with you.

➔ Where to pick up your medications

 Pick up these medications from any pharmacy with your printed prescription
 citalopram (2 prescriptions) • ezITIAZem • docusate sodium • levothyroxine • metoprolol • prednisONE • warfarin

Instructions

See Warfarin Handout for additional medication information.

SAMPLE